



Imagine If

Coaching and Consulting, LLC

September 2017 Newsletter

We are all Connected

Physical Connections



We are all connected in many ways. On a physical level, humans share 99.9% of the same DNA with each other. This still leaves approximately 3 million differences between yourself and other humans. However, it still means you are only one tenth of one percent different than other people.

Now, if we look at it with regard to actual relationships, consider that each person has 4,096 10th-Great grandparents. Each of those ancestors had children who in turn had children. As a result, you have thousands upon thousands of cousins in those generations, which means that you have a good chance of crossing paths every day with cousins without any clue that you are related.

If research was performed and all the records over the generations were found, you would likely find out that you are related to the clerk at the grocery store, your doctor, and your neighbor. Some of these people may share your opinions and perspectives, while others do not. Similarly, these people may have various skin colors, ethnic backgrounds, and life situations.

As you go through your day, consider that each person you meet might be a not so distant relative. Ask yourself if finding out that they were related would change your opinion of them. What changes? What stays the same?

Coming next month Soul Connections.

Upcoming Classes & Events

September 16: Afternoon with Energy!

You are invited to join the fun in learning to tune into the energy around you. We will play with the energy of people and objects going beyond the five physical senses. The event is open to everyone. No experience needed. It will be held near I-25 and 120th Ave. Event is free, but registration is required. See our website for details.

September 19: Intro to Healing Touch and Self-Chakra Connection

You are invited to learn about Healing Touch, an energy healing modality. Healing Touch is a heart-centered and intention-based modality that addresses your overall energy system health, including opening, clearing, connecting, and balancing energy to aid physical, emotional, mental, and spiritual health. Cost \$5. The presentation will be hosted by Quantum Spirtology meetup at 12211 W. Alameda Pkwy, Ste 103, Lakewood, CO. See our website for details.

September 30: Playing the Energy Field!

You are invited to join the fun as we discover how thoughts, emotions, and things around us affect our energy. We will experiment with how various things affect our energy field and discuss ways to maintain a healthy energy field. The event is open to everyone. No experience needed. Cost \$10. It will be held near I-25 and 120th Ave. Registration is required. See our website for details.

Events Continued

October 7: The Energy of Intuition *New South Location!*

We will discuss how to recognize when your Intuition is coming into play. Learn how intuition plays a part in your life every day. Includes fun activities and a look at intuition in decision making. The Cost \$15. This class will be held at Eagle Point Professional Building at Wadsworth and Morrison Road in Lakewood. Registration required. See our website for details.

October 28: Introduction to Past Life Regression

You are invited to join us for an introduction to Past Life Regression. This will include a discussion of Past Life Regression, Past Life Readings and the benefits of each. During the session, you will get the opportunity to experience a group regression. Cost \$10, which will be applied to any individual Past Life Regression sessions booked within the next 30 days. The class will be held near I-25 and 120th Ave. Registration required. See our website for details.

November 4: Opening the Door to Intuition *South Location!*

In this class, we will play with ways to break from routine and to be more open to our intuition. The Cost \$15. This class will be held at Eagle Point Professional Building at Wadsworth and Morrison Road in Lakewood. Registration required. See our website for details.

November 11: The Energy of Intuition

We will discuss how to recognize when your Intuition is coming into play. Learn how intuition plays a part in your life every day. Includes fun activities and a look at intuition in decision making. The Cost \$15. This class will be held near I-25 and 120th Ave. Registration required. See our website for details.

Details of all upcoming events are available @ <http://www.imagineifcoachingconsulting.com/classes.html>

Check out our blog @ blog.imagineifcoachingconsulting.com



Imagine If Coaching and Consulting, based in Westminster, CO, provides coaching, wellness, and business consulting for our clients. Our practice is based around using energy, experiential activities, and spiritual techniques to address the "Whole" person. We utilize Healing Touch, Past Life Regression, and Singing Bowls to address mental, physical, spiritual, and emotional well-being. Additionally, we use experiential and spiritual techniques to address your specific concerns, such as, managing career & life transitions, decision making strategies, and clearing blockages. We even provide business consulting to our clients who dream of having a successful small business. See our website to learn more about our offerings.

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